

## General Welfare Requirement: Safeguarding and Promoting Children's Welfare

Glebe House School Early Years Staff must promote the good health of the children, take necessary steps to prevent the spread of infection, and take appropriate action when they are ill.

### Promoting health and hygiene

#### 1.22 Sun Protection All Year

##### Policy statement

Glebe House School comply with health and safety regulations and the Welfare Requirements of the EYFS in making our setting where possible a sun safe environment - outdoors.

##### EYFS key themes and commitments

A Unique Child	Positive Relationships	Enabling Environments	Learning and Development
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At Glebe House School we acknowledge the importance of sun protection in winter and summer and want staff and children to enjoy the sun safely. We will work with staff and parents to achieve this through:

EDUCATION - these measures are in place:

- All children will have a Sun Safe story time on a regular basis before and during the summer term.
- Children will be encouraged to look at Sun Safe pictures, games, activities etc to reinforce the sun protection messages, such as wearing hats, putting cream on etc
- Children will be encouraged to drink plenty of water to ensure they do not dehydrate
- We are adding a Sun Safe songs to those we normally sing around this time of year.
- Parents and guardians will be sent a letter explaining what we are doing about sun protection and how they can help at the beginning of the summer term and during summer holidays.
- All staff will be informed of the importance of sun safety and information will be made available in the staff room.

PROTECTION – this is more of an ongoing process

Shade:

- We will encourage students to sit/play in the shade where it is available.
- We have gazebo to provide instant shade when we have specific events such as Summer Show and Sports Days when extra shade may be required.
- Children are also encourage to rest in the shade of the Forest School Shed if they are tired or want to play sitting down.

Timetabling:

- Children will spend more time playing outside before 11am and after 3pm, and less time outside over lunch.

Clothing:

- Children are required to wear hats that cover the ears, face and neck between 11 and 3.
- We have some nursery hats to give to children who forget their own and sunglasses are advised to prevent eye damage from the sun.
- All staff have also agreed to wear hats when outside to set a good example.

Sunscreen:

- We send letters home asking for permission for staff to supervise children applying sunscreen before going outside during the summer months, those who can't apply it will be helped by staff
- Children will need to bring in their own clearly labelled bottle of sunscreen, at least factor (SPF) 30 to protect against UVB and at least 4-star UVA protection, it must be in date.
- We do not currently supply sunscreen to all children on a daily basis because of cost and risk of allergy reactions to certain types of creams, but will provide an emergency supply in case children forget theirs
- In the event of parents forgetting cream, staff will either phone them and ask if they can use the named emergency supply suncream (checking they are not allergic to it) or children will wear clothes which protect them from the sun and only remain in the shade outside for maximum of 15 minutes, before having to return inside to protect them from the sun's harmful rays
- All sunscreens should be applied to all exposed skin, including the face, neck and ears; it should be applied 30 minutes before going outside and reapplied every 2 hours and more if the skin becomes wet.

This policy was developed with the help of staff, parents and local health advisors in March 2011.

We will monitor our progress and review the policy annually.

Information sought from:

- REGISTERED CHARITY NO. 1089464 Cancer Research UK's SunSmart Guidelines for Nurseries and Pre-schools © 2010 To tell us about your policy email [sunsmart@cancer.org.uk](mailto:sunsmart@cancer.org.uk) Visit the SunSmart website at [www.sunsmart.org.uk](http://www.sunsmart.org.uk)
- [www.nhs.uk](http://www.nhs.uk) - Sunscreen and sun safety <https://www.nhs.uk/live-well/healthy-body/sunscreen-and-sun-safety/>

This policy was adopted at a meeting of	Glebe House Trust Nurseries	name of setting
Held on	<u>May 2022</u>	(date)
Date to be reviewed	<u>May 2023</u>	(date)

Dear Parent/Carer,

Now the summer is approaching I wanted to write and tell you about how we will be trying to ensure we can all enjoy the sun safely over the coming months.

As you all know the sun's rays are particularly strong over the summer and they can damage children's skin. This may not seem like a problem right now, but sadly it can lead to skin cancer in later life. Your child's health and well-being are very important to us. So we have decided to:

- spend more time discussing sun protection at nursery
- increase the shade in our playground
- actively encourage all children to wear a hat when they play outside. Please send your child to nursery wearing a comfortable wide brimmed hat or legionnaire style cap. We also have some nursery hats to give to children who forget their own.
- sunglasses are optional to protect their eyes
- If your child is fair skinned it may be a good idea to provide additional protection with appropriate clothing, but all children will need to bring in their own clearly labelled bottle of sunscreen, of at least factor (SPF) 30 to protect against UVB and at least 4-star UVA protection, the cream must also be in date. If you would like your child to be included please return the sunscreen permission form with sunscreen clearly labelled with your child's name.

More details about sun safety for the whole family can be found on the NHS site <https://www.nhs.uk/live-well/healthy-body/sunscreen-and-sun-safety/>

Parents' support is very important if our policies are going to work. You can help by:

- talking to your child about the importance of sun protection at home and in nursery
- remembering to send your child to nursery with a wide brimmed hat and sun cream as described above.

Together I hope we can have a very happy and safe term to come!

Best wishes

Susie Pull  
Nursery Manager

P. T. O.  
To complete Sun cream consent form

Name of child/children: ..... Year Group: .....

I agree to the following to help protect my child from the danger of the sun:

I have handed my child's key person some in date sun cream factor 30

I am happy for a member of staff to apply suncream to my child

I agree that if I have forgotten to provide my child with sun cream that the nursery  
can apply the setting suncream.

Parent Signature: ..... Date: .....

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